

# 2012 Calendar



<u>PROGRAM</u>	<u>DATE</u>	<u>SCHEDULE</u>	<u>COST</u>	<u>REGISTER</u>
<b>BOOT CAMP</b>	May 7–June 15 <i>*(6 weeks)</i>	MWF @ 6:00am  <u>Running Club</u> Tues & Thurs @ 6:00am	\$199*	Register Now!
<u>Summer Session</u> <b>BLOCK #1</b>  2x/week	June 18–July 13	MWF @ 6:00am  <u>Running Club</u> Tues @ 6:00am	\$110  \$75	Register Now!
<u>Summer Session</u> <b>BLOCK #2</b>  2x/week	July 16–Aug 10	MWF @ 6:00am  <u>Running Club</u> Tues @ 6:00am	\$110  \$75	Register Now!
Fall Boot Camp  2x/week	Aug 27–Oct 5 <i>*(6 weeks)</i>	MWF @ 6:00am  <u>Running Club</u> Tues & Thurs @ 6:00am	\$199*  \$110*	Register Now!

# 2012–2013



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<b>Fall Strength Session</b>  2x/week	Oct 15–Nov 22 *(6 weeks)	MW&F @ 6:00am  <u>Running Club</u> Tues @ 6am	\$170*  \$110*	Register Now!
Holiday Blitz	Dec 3–Dec21 *(3 weeks)	MWF@6:00am	\$65*	Register Now!
<b>January Boot Camp</b>  2x/week	Jan 7–Feb 15 *(6 weeks)	MWF @ 6:00am  <u>Cardio Club</u> Tues & Thurs @ 6am	\$199*  \$110*	Register Now!

\*\* Be sure to sign up early as space is limited.

Go to [Contact Us](#) or Call **318-3035** or **318-4782**