WORKOUTS

All workouts are held at INVERSION GYM. Please bring your weights to all the indoor workouts.

Inversion Gym 867 Eloise Ave



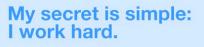
<u>www.moxyfitness.com</u> (530) 318-3035







Mon		Tue	Wed	Thu	Fri	Sat
6:00 am Inversion Gym	2	3	6:00 am 4 Inversion Gym	5	6:00 am 6 Inversion Gym	A CONTRACTOR
6:00 am Inversion Gym	9	10	6:00 am 11 Inversion Gym	12	6:00 am 13 Inversion Gym	14
6:00 am Inversion Gym	16	17	6:00 am 18 Inversion Gym	19	6:oo am 20 Inversion Gym	21



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